

HMC



COMPANIES

Healthy Solutions For Everyday Living

Start Your Health Management Education Program Now!

People with chronic conditions generally use more health care services including: physician visits, hospital care and prescription drugs. The number of people living longer with chronic conditions coupled with rising health care expenditures is continuously increasing. This inflation has caused employers, government entities and trust funds to look for ways to help reduce health care usage and costs.

Why HMC?

HMC fits in as the trusted advisor to assist you in navigating through the complexity of health care. We separate ourselves from the norm due to our experience, success, customization and cutting-edge technology. Our philosophy and approach to personalize programs to your existing plans is the basis of your member's success. Now that Health care Reform is in effect, it is the perfect time to invest in value-based health and disease management programs, which offer the best opportunity to impact medical cost trend and improve the health and quality of life of your group.

HMC's Health Management Education Program:

Is designed to improve the health of people with specific chronic conditions, reduce health care service usage and costs associated with preventable complications that result in emergency room visits and hospitalizations. HMC will help you find ways to improve your health through identifying gaps in care, treatment compliance, medication management and other benefits/services. These life-long instruments are acquired through working with a personal Health Coach Educator telephonically. HMC's Health Management Education Program addresses these specific conditions and more:

ASTHMA

CHRONIC OBSTRUCTIVE PULMONARY DISEASE (COPD)

CORONARY ARTERY DISEASE (CAD)

DIABETES

CONGESTIVE HEART FAILURE (CHF)

HEALTHY BACK PREVENTION AND CARE

For more information call 888-369-5054 or go online to www.hmccompanies.com