

## **Christopher Valerian, DO, MMM**

Dr. Valerian received his Doctor of Osteopathic Medicine degree from the New York College of Osteopathic Medicine and completed his postgraduate training in Family Medicine at Duke University. Additionally, Dr. Valerian completed a master's degree in Medical Management from Marshall School of Business, University of Southern California. His professional interests include Quality, Performance Improvement, Disease Management and making a business case for quality by integrating financial analysis and clinical outcomes. He has used his Black belt certification in Six Sigma in each of these areas. He also considers himself an educator as demonstrated by his faculty appointment at UMDNJ/New Jersey Medical School. In addition, he holds an appointment as a Senior Scholar in the Department of Health Policy at Jefferson Medical College in Philadelphia, PA.

In his previous role as Senior Vice President/Executive Medical Director for Health Integrated, Inc., he had responsibility for clinical program development, analytics and measurement of success of their Targeted Population Health programs. He is a successful entrepreneur and business owner of a Healthcare consulting firm specializing in product development around care/disease management and strategic advising in the healthcare sector. He calls upon his extensive experience in this capacity including his former position as Executive Medical Director of Quality Management and Clinical Innovations for Horizon Blue Cross Blue Shield of NJ. His former roles as Vice President of Medical Affairs for a large, faith based national healthcare system and Medical Director of a large ambulatory group practice and Executive Director of Care Management /Quality have allowed him to become a change agent and champion of quality, improved clinical outcomes and integrated care management. As a result of his successes, he has presented on the topics of preventive medicine, performance improvement, quality initiatives, disease management and care management on the state, regional and national levels. He frequently lectures on the topics of ROI analysis and

integrating care management programs. Recently his focus has been on helping employers and other organizations measure the value of disparate care management and wellness programs.

He has also served as a physician advisor to the Quality Improvement Organization of New Jersey, elected officer of the Blue Cross Blue Shield Association Executive Medical Forum and frequently advises Wall Street firms on topics in healthcare. Dr. Valerian has made numerous television appearances, as well as newspaper, magazine, professional journal, and podcast interviews.

His entrepreneurial experience includes owning and operating several companies including physician billing, practice management, outpatient infusion and consulting organizations. He recently has become a medical writer and regularly contributes commentary as a thought leader for The Medical Pipeline Newsletter.