



*Healthy Solutions For Everyday Living*

## ***Start Your Employee Assistance Program Now!***

HMC's Employee Assistance Program (EAP) provides participants and their families with 24/7 access to comprehensive assessments and referrals to the appropriate resources for problems including: child and family concerns, stress, depression, and other personal challenges. HMC's Employee Assistance Program also includes consultation for situations involving problems in the workplace, participant performance, informal or mandatory referrals and regulatory compliance.

## ***HMC's Behavioral Health Care Program Offers:***

HMC's program provides 24 hour access to master's level clinicians who serve as advocates and coordinate appropriate treatment across all benefits to ensure positive outcomes. HMC collaborates with participants, providers and other benefit partners to deliver behavioral health care services that more effectively address co-morbidities and the total health care needs of the participants in our program. We also offer convenient access and negotiated discounted rates to an established, nationwide network of credentialed practitioners and facilities.

Our behavioral health care programs is accredited by URAC in accordance with the health utilization management and case management standards. Our programs provide plans with innovative approaches to improving the quality of mental health and substance abuse services, while reducing overall health care costs. We offer a multitude of different program designs, allowing us to customize our services to meet each client's specific needs and health care challenges.

## ***Why HMC?***

HMC fits in as the trusted advisor to assist you in navigating through the complexity of health care. We separate ourselves from the norm due to our experience, success, customization and cutting-edge technology. Our philosophy and approach to personalize programs to your existing plans is the basis of your member's success. Now that Health care Reform is in effect, it is the perfect time to invest in value-based health and employee assistance programs, which offer the best opportunity to impact medical cost trend and improve the health and quality of life of your group.